

December 13, 1918: "Fight the Flu," *Salt Lake Herald-Republican*

The Salt Lake Herald-Republican was a local newspaper in Salt Lake City, UT. [Summary changed for easier reading.]

**FIGHT THE 'FLU'**  
**Rigid Quarantine Rules Established**  
**YOU ARE ASKED TO AID IN ENFORCING THEM**

**T**HE CITY Board of Health is determined to stamp out influenza and warns the people of Salt Lake that the STRICT OBSERVANCE OF THESE REGULATIONS WILL SAVE MANY LIVES.

It has been officially ordered by the Board of Health:

That a rigid quarantine of every household where influenza exists, shall be maintained as follows:

The person afflicted shall be quarantined and isolated for at least ten (10) days; other members of the household for three (3) days or longer, at the discretion of the health officer, continuing upon proper isolation of the patient.

That a proper mask, covering the nose and mouth is required to be worn for seven (7) days by any and every member of a household after return from quarantine.

**The Penalty for Violation of the Above Quarantine and Isolation Rules**

Whether through ignorance or otherwise is a maximum fine of \$300, or imprisonment for six months.

The Board of Health will vigorously prosecute any person who violates the regulations, which must and will be enforced to the letter.

**INOCULATION TREATMENT IS FREE**

The City Board of Health unqualifiedly recommends and urges the public to become inoculated against influenza. For this purpose, stations where any person may be inoculated free of any cost have been established at the following locations:

Emergency hospital at Public Safety Building; Liberty school, 1020 Third East street; fire station No. 2, 26 N. Second West street; fire station No. 3, 1133 E. Twenty-first South; fire station No. 4, 222 I street; fire station No. 5, 1023 E. Ninth South, and fire station No. 6, Eighth South and Post streets.

The hours at which any citizen may obtain free inoculation treatment are from 12 o'clock noon to 5 p.m. and from 6 to 8 p.m., six week days. Sunday hours are from 10 a.m. to 12 o'clock noon.

The co-operation of every citizen of Salt Lake is earnestly urged in seeing that all city health regulations are properly and strictly enforced. Report any violations to the City Health department, and prompt prosecutions will follow.

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**Do Your Part To Give Salt Lake a CLEAN BILL OF HEALTH**

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**CITY BOARD OF HEALTH**  
DR. SAMUEL G. PAUL, City Health Commissioner

## FIGHT THE 'FLU'

Rigid Quarantine Rules Established

### YOU are asked to aid in enforcing them

The City Board of Health is determined to stamp out influenza and warns Salt Lake that strictly following these regulations will save many lives.

- Every infected household must be quarantined.
- The sick person shall be quarantined at least ten days and other members of the household for three days or longer.
- Everyone in the household must wear a proper mask that covers the nose and mouth for seven days after the end of quarantine.

### The Penalty for Violation of the Above Quarantine and Isolation Rules

Whether on accident or on purpose, there will be a fee of up to \$300, or imprisonment for six months. These regulations will be strictly enforced.

### INOCULATION TREATMENT IS FREE

The City Board of Health urges everyone to become inoculated against influenza. People can be vaccinated for free at several locations.

Do Your Part to Give Salt Lake a  
**CLEAN BILL OF HEALTH**

City Board of Health  
Dr. Samuel G. Paul, City Health Commissioner

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